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# Ananya Mukesh

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## ABOUT ME

Master's student in French and Francophone Studies at Jawaharlal Nehru University, Delhi. Possess native level fluency in English, near-native fluency in French and intermediate fluency in Spanish. Conducted independent research on suicide prevention and studied youth involvement in health research (published with Springer). Experienced in working with visually impaired individuals and underprivileged children. Passionate about improving access to education for marginalised individuals. Aspiring to work at the intersection of multilingualism, inclusive pedagogy and policymaking.

## EDUCATION AND TRAINING

08/2025 – CURRENT Delhi, India

### MASTERS IN FRENCH AND FRANCOPHONE STUDIES CFFS, SLL&CS, JNU

- Topper for the academic year 2025-26 - 8.33 / 9.00 CGPA (Percentage – 88.3%)
- Key Modules: Methodology of Teaching Modern Foreign Languages, 18th and 19th Century French Literature, Evolution of French Literature through Poetry, Applied Linguistics, Terminology and Specialised Translation
- Conducted a workshop on DELF/IELTS preparation in JNU with 50+ participants (April 2026)
- Appointed president of the Jury for the Choix Goncourt de l'Inde 2027
- Interviewed 30 researchers during the International Conference on Youth Narratives and Cultural Practices Across the Globe in the 20th and 21st Century conducted in JNU (November 2026)

**Website** https://www.jnu.ac.in/sllcs/cffs | **Field of study** Arts and humanities

11/2021 – 05/2024 Delhi, India

### BACHELOR OF ARTS IN PSYCHOLOGY (HONS.) Lady Shri Ram College for Women, University of Delhi

- Key Modules: Developmental Psychology, Statistical Methods for Psychological Research, Women, Power and Politics, Applied Social Psychology, United Nations and Global Conflicts, Emotional Intelligence
- Merit Awards
  - *Certificate of Merit for Critical Engagement with the Discipline, presented by the Department of Psychology*
  - *Certificate of Merit for Contribution to the National Service Scheme (2023-24)*
- Extracurriculars
  - *French Language Editor*, *LSR College Magazine* (2023-24); managed editorial review, evaluated submissions, and authored articles.
  - *Student Coordinator, Interface – The Academic Forum* (2022-23); organised field trips, panel discussions and documentary screenings, launched a WordPress blog and a podcast.
  - *Team Head, Books, Documentaries and Media Club, Department of Psychology (2023-24);* coordinated book discussions and movie analysis events moderated by eminent professors, participated in the organisation of Zeitgeist - the annual academic meet of the Department of Psychology

**Website** https://lsr.edu.in/ | **Field of study** Arts and humanities | **Final grade** 8.459/10 - First Division

## PUBLICATIONS

2026

### A Comprehensive Guide to Adolescent Involvement in Health Research

Authored a case study critically evaluating and describing my experience working as a peer supporter for Outlive Chat.

Hardcover ISBN: 978-3-032-25881-6

**Authors**: Azza Warraitch, Kristin Hadfield | **Volume, Issue and Pages**: pp105-107 | **Publisher**: Springer Cham

## WORK EXPERIENCE

**COLLABORATOR IN PARTICIPATORY RESEARCH – AZZA WARRAITCH, PHD SCHOLAR AT TRINITY COLLEGE DUBLIN** – 09/2024 – 01/2025

- Participated in workshops with students from 14 countries
- Provided feedback on drafts of several chapters of the book "A Comprehensive Guide to Adolescent Involvement in Health Research"
- Contributed a case study for Chapter 4 - Ethical Considerations in Adolescent Involvement in Health Research

**RESEARCH INTERN – SUICIDE PREVENTION INDIA FOUNDATION** – 04/2022 – 05/2022

- Conducted a review of literature on protective factors for youth suicide in India, with a focus on LGBTQ+ youth
- Designed a qualitative study to explore the same in greater depth

## VOLUNTEERING

07/2026 – CURRENT New Delhi

### English Teacher - U&I Trust

- Tutoring 16 children aged 10-12 in English, hailing from under-resourced contexts
- Conducted tests to evaluate their level of English language proficiency
- Assisted the children in completing their schoolwork
- Conducted extracurricular activities such as quizzes and games to encourage teamwork and empathy among the children, as well as improve their physical and mental well-being
- Promoted to the position of Leader in October 2026, in recognition of dedicated and diligent service

06/2025 Bengaluru

### Volunteer - Lead Actor in a Japanese play, SNRC

The Sakuraa Nihongo Resource Centre (SNRC) is a Japanese language school. On the occasion of their 25th anniversary, I played the titular character of the old man in a performance of the Japanese folktale, "Kasa Jizō Sama". The story highlighted the universal values of compassion, kindness and selflessness, and allowed the Indian audience to have a glimpse of Japanese folklore.

01/2025 Bengaluru

### Volunteer at Japan Habba 2025

- Volunteered for the 20th anniversary edition of Japan Habba, India's biggest Japanese cultural festival
- Received training in traditional Yukata tying techniques from Japanese nationals, worked at the Yukata trial stall

08/2022 – 05/2024 New Delhi

### Project Head - Sandrishti Swavalamban, National Service Scheme (NSS)

Sandrishti Swavalamban is a non-profit working to promote accessibility for visually impaired college students.

- Scribed exams and tests for visually impaired college students
- Organised a documentary screening on assistive technology
- Coordinated and moderated a discussion on accessible infrastructure. Discussed successful interventions in low resource contexts from published research in order to find solutions to contemporary problems.

10/2023 – 01/2024 New Delhi

### Trained Peer Supporter - Project Outlive, CMHLP, ILS, Sangath

Project Outlive is a chat-based platform created by the Centre for Mental Health Law & Policy, the Indian Law Society and Sangath.

- Completed a 40-hour training program on peer support for suicide prevention comprising online sessions, self-learning modules and practice chats
- Volunteered on Outlive Chat (online peer support platform) as a peer supporter for 77.5 hours to provide chat-based support to youth at risk of suicide.
- Supported 10+ vulnerable youth at risk of suicide through active listening and empathy
- Utilised de-escalation strategies and provided emotional support to distressed youth
- Provided referrals to therapists where needed

2022 – 2023 New Delhi

### Member - Indo-France Youth Forum, Global Youth

Global Youth is a non-partisan, not-for-profit organisation looking to empower youth ambassadors and introduce them to the complexities of global diplomacy.

- Organised the "Chat with a Diplomat" session with Ambassador Kanwal Sibal, former foreign secretary of India and ex-ambassador of India to France, on the topic - "The Strategic Relationship Between India And France and Its Impact on The Indo-Pacific Region" at the India International Centre
- Hosted the India France Youth Forum booth at the 2023 edition of the Francophonie Mela at Alliance Française de Delhi

## LANGUAGE SKILLS

Mother tongue(s): **TELUGU** | **KANNADA** | **TAMIL**

Other language(s):

| | UNDERSTANDING | | SPEAKING | | WRITING |
|---|---|---|---|---|---|
| | Listening | Reading | Spoken production | Spoken interaction | |
| **FRENCH** | C1 | C1 | C1 | C1 | C1 |
| **SPANISH** | B2 | C1 | B2 | B2 | B2 |
| **ENGLISH** | C2 | C2 | C2 | C2 | C2 |
| **JAPANESE** | A1 | A1 | A1 | A1 | A1 |
| **HINDI** | C2 | B1 | C2 | C2 | B1 |

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

## CERTIFICATIONS

Ministère de l'Éducation Nationale et France Éducation International, 20/07/2026

### Diplôme Approfondi en Langue Française (DALF) C1

Note Finale: 93/100

British Council, IDP IELTS, Cambridge University Press and Assessment, 01/08/2026

### International English Language Testing System (Academic)

Overall Band Score - 9

Instituto Cervantes, 26/09/2026

### Servicio Internacional de Evaluación de la Lengua Española (SIELE) B2

Japan Foundation, 12/08/2025

### Japanese Language Proficiency Test (JLPT) N5

UNICEF, 13/06/2026

### Design with Inclusion in Mind: Digital Accessibility Fundamentals

UNESCO, 15/06/2026

### Educating in the age of artificial intelligence. Digital citizenship at school.

UNESCO MGIEP, 05/06/2026

### The Digital Teacher

Google for Education, 27/05/2026

### Google Certified Educator Level 2